

# dermalogica

## Facial Treatments

## Skin Care

### The Dermalogica face treatment.....£45

75 minutes

This treatment is unique to each individual client by using Dermalogica's unique botanical mixers throughout the step-by-step process to provide additional benefits to your skin.

### Power Regeneration Treatment .....£45

75 minutes

This Dermalogica treatment is ideal for clients with dry, sun damaged and ageing skin that needs nourishment, regenerating and energizing. You will see immediate visible results on the skin from Dermalogica's Speciality contour Masque and unique energizing massage techniques.

### Medicated Cleansing Treatment .....£45

75 minutes

This treatment is the ultimate in acne management by targeting current blemishes while helping future outbreaks.

### Environmental Control Treatment .....£45

75 minutes

If your skin is looking red, inflamed or feeling itchy then this is the treatment for you. Our super smoothing cleansing will remove impurities from your skin, followed by a calming oatmeal mask that will instantly calm redness and reduce inflammation.

### Skin Brightening Treatment .....£45

75 minutes

This treatment balances areas of uneven pigmentation from hormonal imbalance UV exposure and pregnancy by helping to regulate melanin production.

### 30 Minute Express Treatment .....£20

30 minutes

This treatment is perfect for first time clients, designed as skin care 'lesson' to educate you how to use Dermalogica products and how to care for your skin at home.

### Revitalising Eye Rescue.....£45

75 minutes

Designed to firm, tone and revitalise your tired eyes with our unique blend of vitamin therapies and firming botanicals. Our gentle exfoliation will remove dulling debris; while a super, soothing masque will help reduce irritation.

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## Body Therapy

For centuries spa body therapy body treatments have been embraced for their revitalising and therapeutic effects. From ancient mineral hot springs to modern seaweed wraps, these treatments detoxify the body, distress the mind and revitalise the skin.

### The Body Treatment .....£55

90 minutes

Using Dermalogica's unique techniques your body will be analysed, then using body mapping, skin exfoliation and specialist stress relieving techniques we will target tension in the legs, back and scalp while restoring optimum skin health through the use of Dermalogica's professional spa body therapy system.

### Exfoliation Body Scrub .....£20

30 minutes

An exfoliating body scrub, customised with aromatherapy essential oils, helping to smooth the skin, relax muscles and soothe the senses. A perfect compliment to our selection of wraps or before a Solar Bronzing Treatment.

### Body Therapy Hydro Pack Treatments ..£25

45 minutes

An ultra smoothing, hydrating treatment personalised with aromatherapy oils. Ideal for sun exposed skin. This treatment is excellent following the Exfoliation Body Scrub Treatment.

### Enzymatic Sea Mud Pack Treatment ..£25

45 Minutes

A deeply detoxifying wrap that helps to add minerals to the body. A must for all clients living a hectic lifestyle in polluted environments.

### Purifying Back Treatment .....£30

45 minutes

Take a load off with our super smoothing back treatment designed to rid your muscles of stress and your skin of impurities.

### Solar Bronzing Treatment.....£45

75 minutes

Go bronze...now! Our solar bronzing treatment is the safest and easiest way to get an all over bronzed face and body. Using exfoliation body scrub to prep dry, rough skin you will leave our care with the ultimate guilt free glow.

## Massage

### Therapeutic Massage:

#### Full body.....£39

Time needed 1 hour

#### Hot Stones.....£45

Time needed 1 hour 15 minutes

#### Back.....£25

Time needed 45 minutes

#### Hot Stones .....£31

Time needed 1 hour

### Aromatherapy:

#### Full Body Massage .....£45

Time needed 1 hour 15 minutes

### Reflexology:

#### One Session .....£30

Time needed 1 hour

### Indian Head Massage:

#### One Session .....£27

Time needed 45 minutes

## Hands and Feet

### J JESSICA Jessica Manicures

Nails are not alike! As hair and skin differ from person to person - dry or oily, normal or sensitive - so do nails. One manicure treatment cannot be right for everyone. Working with the finest Chemists, Jessica customised basecoats for different nail types - to make sure that you have exactly what you need for the lifelong health of the nail.

#### Standard Manicure .....£25

Time needed 1 hour

#### Super Deluxe Manicure .....£30

Time needed 1 hour 15 minutes

#### French Manicure .....£28

Time needed 1 hour 15 minutes

#### Re-shape and Polish .....£12.50

Time needed 30 minutes

### J JESSICA Pedicures Jessica (Zen Spa)

Treat your feet to the Zen Spa experience with an exclusive array of personalised foot treatments that will inspire your mind, body and soul. A harmonious blend of Eastern philosophy of natural botanicals and aromatic essences with western technology that utilises Popain, an active enzyme that helps to break down rough, dry skin while regenerating new cells for healthy, smooth skin.

#### Standard Pedicure.....£27

Time needed 1 hour 15 minutes

#### Super Deluxe Pedicure.....£33

Time needed 1 hour 30 minutes

#### Reshape and Varnish .....£12.50

Time needed 30 minutes • NB. please bring open-toed shoes.

## Waxing and Tinting

NB. due to skin sensitivity swimming is not recommended before waxing.

#### 1/2 Leg Wax (30 Minutes).....£14

#### 3/4 Leg Wax (45 Minutes) .....£18

#### Full Leg Wax (45 Minutes) .....£21

#### Full Leg & Bikini Wax (1 hour).....£25

#### Bikini Wax (15 minutes) .....£9

#### Under Arm Wax (15 Minutes).....£9

#### Lower Arm (30 Minutes) .....£11

#### Full Arm Wax (30 Minutes) .....£14

#### Eyebrow Wax (15 Minutes).....£8

#### Lip or Chin Wax (15 Minutes).....£8

#### Lip and Chin Wax (15 Minutes) .....£14

## Electrolysis

#### Consultation .....FREE

#### Up to 15 minutes .....£15

#### Course of 6 .....£80

#### Up to 30 minutes .....£28

#### Course of 6.....£158

## Eye Treatments

#### Eyebrow Shape (15 minutes).....£8

#### Eyebrow Tint (15 minutes) .....£9

#### Eyelash Tint (30 minutes) .....£14

#### Eyelash & Eyebrow (30 minutes) .....£18

#### Eyelash Perming (45 minutes) .....£18

#### Eyelash Perm & Tint (1 hour) .....£30

NB. An allergy test is recommended before a tint.

## Mens Treatments

**Men's Skincare treatment.....£45**

75 minutes

This treatment takes factors such as shaving habits into account to help prevent in-growing hairs and other skin problems unique to men.

**Therapeutic Body Massage.....£39**

Time needed 1 hour

**Hot Stones with .....£45**

Time needed 1 hour 15 minutes

**Therapeutic Back Massage.....£25**

Time needed 45 minutes

**Hot Stones with .....£31**

Time needed 1 hour

**Aromatherapy.....£45**

Time needed 1 hour 30 minutes

**Indian Head Massage.....£27**

Time needed 45 minutes

**Reflexology .....£30**

**Purifying Back Treatment .....£30**

Time needed 45 Minutes

## Waxing

**Back Wax .....£15**

**Chest Wax .....£15**

**Eyebrow Groom .....£8**

## Weddings and Pamper Packages

### Make Up (Wedding & Lessons)

**Make-Up .....£27**

Time needed 45 minutes

**Make-Up Lesson .....£36**

Time needed 1 hour

**Wedding Make Up Trial .....£38**

Time needed 1 hour 15 minutes

**Make up on day .....£27**

Time needed 45 minutes

**Home Visit (within 5 mile radius) .....£35**

**Wedding Day Package .....£110**

Trial Wedding Make-up, make up on the day, French Manicure, Super Deluxe Pedicure and Eyebrow Shape.

Time needed 4 hours 30 minutes

## Spa Days

**Pamper Day .....£120**

Treatments include a Dermalogica facial, Full body massage, Eyebrow shape, Standard Manicure and Standard Pedicure.

Time needed 5 hours • NB. Please allow extra time for lunch (available to purchase in the hotel)

**Lifestyle Tonic.....£70**

Treatments include back massage, mini facial and choice of standard manicure or pedicure.

Time needed 3 hours • NB. Please allow extra time for lunch (available to purchase in the hotel)



## Booking and Treatment Information

**GIFT VOUCHERS are available and they are a perfect gift for someone special. They are ideal for a thank you, birthday or anniversary present or a special gift for someone. They are valid for 12 months from the date of purchase.**

**BEAUTIFUL GIFTS from Dermalogica and Jessica are available.**

**Arrive at least 10 minutes prior to your treatment** to ensure that you can prepare, relax and fill out your consultation card for your treatment. If you do arrive late for your treatment then we regret that your treatment time will be reduced with no reduction in price.

**Contra Indications** are listed below. If you suffer from any of the following conditions then you must inform us at the time of booking so that we can evaluate if the treatment can be carried out. If it cannot then we will endeavour to find you another more suitable treatment.

**Heart Condition**  
**Epilepsy**  
**Diabetes**  
**Pregnancy**  
**Cancer**  
**Skin Disorders/Diseases**  
**Thyroid Conditions**  
**Allergies (food and product)**  
**Taking Medication or under a Doctor's supervision**

**24 hour Cancellation** is required for all the treatment bookings, otherwise the total amount of your treatment(s) will be charged in full

**A patch test** is required 24 hours before an eyelash or eyebrow tint

**Pedicures:** Please wear flip flops

**Tanning:** Please wear loose clothing (no bra) and flip flops.

**Contact information** will need to be taken when your booking is made.

### Opening Times

**Monday - 11.00am - 7.00pm**  
**Tuesday - 9.00am - 8.30pm**  
**Wednesday - 9.00am - 9.00pm**  
**Thursday - 9.00am - 9.00pm**  
**Friday - 9.00am - 5.00pm**  
**Saturday - 9.00am - 5.00pm**  
**Sunday - 9.00am - 2.00pm**



## Health and Beauty Salon

023 9246 6214 | [www.lifestylehavant.co.uk](http://www.lifestylehavant.co.uk)

